



# Values Discovery Questionnaire

1. What people do I admire or consider role models in my life?

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2. What are some common qualities of the people I admire?

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3. What is one value that you would be willing to die for if you had to?

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4. What are your top three roles in life (i.e. entrepreneur, student, husband, mother, etc.)

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5. What value would you place before each of those roles?

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6. What motivates me?

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7. What brings me the most joy, satisfaction or pleasure?

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8. What am I greatly interested in?

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9. What do I want more than anything else in my life?

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